



From the President of GADA.....

Greetings and welcome to another great membership year! At this year's Board of Director's Turnover Meeting, a great deal of discussion was held around the topic of member retention and recruitment. Membership in GADA has been declining for a number of years and a membership survey was conducted last year to identify the member benefits that you most value.

The consensus is clear that you value the **Jobnet**, opportunities to **network** with other dietitians, and that you want quality **CPEs**. We've heard you! This year, you can expect more member-focused events than you may have seen the past. We're working on ways to enhance your experience as members of GADA, including unique educational offerings, social and networking events in geographically diverse areas of town, nutrition-specific volunteer opportunities, coffee-talk events to identify memberships with interest in leadership, and much more. You should have received a postcard in the mail recently inviting you to renew your membership. This was just one example of our efforts to reach out and be more communicative with you.

Join us for our first membership meeting on September 9 at Dekalb Medical Center. Details are available at www.eatrightatlanta.org.

GADA is our organization and will only be as successful as its membership involvement. Don't miss out on your opportunity to grow professionally and personally as an active member this year. There are one-time and on-going opportunities to volunteer available. Please contact me or any Board member for more information on getting plugged in.

Warm Regards,
Sherry

Membership Year Kickoff!

Join us for the first membership meeting of the year on September 9th from 6-8 pm at Dekalb Medical Center Auditorium. The topic is "A Simple Nutrition Prescription: Food Groups to Encourage" and the presenter is Arlene Murrell, MS, RD, LD, CLE of the Southeast United Dairy Industry Association (SUDIA). Please RSVP to gadainfo@gmail.com and indicate if you would like to purchase dinner. Dinner is available for purchase of \$10 if desired, but is not required to attend the meeting. Dinner begins at 6:00 pm and the speaker will start at 6:30 pm. You must RSVP for dinner by September 1st.

Membership applications are available online at <http://www.eatrightatlanta.org/membership.htm>. Active (ADA member), subscriber (non-ADA member), and student memberships are available. There will be a prize drawing at the first meeting. All renewals receive 1 ticket for the drawing, while those bringing a new member (an RD or DTR without a current renewing membership) receive an additional ticket for every new member who joins. Only paid memberships qualify for the drawing.

GADA Executive Board

Sherry Coleman
President

Betsy Dietsch
President-elect

Kelley Dodgson
Immediate Past
President

Monica Fink
Secretary

Cathy McCarroll
Treasurer



Destination...India!



At the end of May 2008 we departed Atlanta for India to complete our enrichment rotations for the Dietetic Internship Program at Georgia State University. We explored the northern part of the country for two weeks and enjoyed many sights, sounds and delicious cuisines before finally getting situated in Bangalore (Karnataka) for our rotation. We carried out a research project for Apollo Health and Lifestyle, affiliate of Apollo Hospital, one of the largest healthcare franchises in Asia. We studied the dietary habits and traditional practices

of expecting and lactating mothers. We interviewed fifty mothers at Apollo Hospital and the Cradle maternity clinic, and after analyzing our findings we developed nutritional guidelines for application at both sites.

Among the most interesting findings were breastfeeding practices. In fact, all the women surveyed did breastfeed or were planning to do so for at least six months, or up to 1-2 years. Overall, the women were very knowledgeable about nutrition and followed a healthy diet, consisting of fruits and vegetables, vegetarian proteins for the most part, curds and paneer (Indian cheese), nuts, rice, and different kinds of breads (white and whole wheat). We also became acquainted with many fascinating customary practices, which have been passed down from generation to generation, and considered these in the development of our guidelines.

Needless to say, it was an amazing experience! It was very fulfilling as a professional experience but was also personally enriching. The rich, inherent cultures of India are vast and varied, which makes it a fascinating country as it is also one fastest developing countries at this time. Besides the well known IT boom in India, healthcare facilities and medical tourism are gaining momentum too. Developed countries like United Kingdom, Australia and even the United States are utilizing these industries to reduce their local medical care costs. It will be interesting to follow India's impact both locally and globally on healthcare.



We would like to thank Dr. Cody and Barb Hopkins of Georgia State for supporting our participation in this unique study abroad opportunity. Furthermore, we would also like to extend our thanks to Keya Karwankar, our preceptor in India, as well as Mr. Jalan, CEO of Apollo Health and Lifestyle, for making this opportunity possible.

Submitted by Jessica Avasthi and Critiana Milone, graduate students and dietetic interns at Georgia state University.

American Dietetic Association Names Senior Director of Commission on Accreditation for Dietetics Education (CADE)

The American Dietetic Association has hired Ulric Chung, PhD as the senior director of CADE. The Commission on Accreditation for Dietetics Education is ADA's accrediting agency for education programs preparing students for careers as registered dietitians or dietetic technicians, registered.

Dr. Chung is recognized as well-known authority on distance learning in pharmacy education, curriculum development and evaluation. He is currently the Assistant Executive Director of the Accreditation Council for Pharmacy Education, the national agency for the accreditation of professional degree programs in pharmacy and providers of continuing pharmacy education. Previously, he was a faculty member at the University of Illinois at Chicago College of Pharmacy.

Upcoming Events

GASPEN Fall Dinner Meeting

Nutrition Support Update

Shepherd Center, Atlanta

September 18 2:00 pm—7:00 pm

Topics include SIRS, Sepsis, Septic Shock ; Effects of Long-Term TPN on Liver Function Nutrition Management of Liver Failure; Aspects of Wound Care and Nutrition Intervention. Contact Barbara Hopkins at bhopkins@gsu.edu for information about registration.



Diabetes University November 8

8:00 am—3:00 pm

AmericasMart, Building 2 West, 230 Spring Street, Atlanta 30303

Online registration available September 15 at du@diabetesatlanta.org

ADA's Food & Nutrition Conference & Expo to be held in Chicago, October 25 to 28, 2008. For more information visit http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/7539_ENU_HTML.htm



**September
is**

National Cholesterol Education Month!

The National Heart, Blood, and Lung Institute offers helpful resources during the month. Visit <http://hp2010.nhlbihin.net/cholmonth/>

AWARD NOMINATIONS

Do you know a RD who has demonstrated outstanding leadership qualities and performance in one of these areas: clinical dietetics, community outreach, legislation, management, public relations, or research? If so, please read on...

The Nominations Committee is seeking qualified candidates for the following **GDA Affiliate Awards**:

- Recognized Young Dietitian
- Recognized Dietetic Technician,
- Outstanding Dietitian
- Emerging Dietetic Leader

and **GDA Distinguished Service Awards** which acknowledge those who make significant contributions to one of the following areas:

- Distinguish Service to GDA
- Distinguish Service to GADA
- Distinguish Service by a Legislator (can be a non-member)
- Distinguish Service, Community Leader
- Distinguish Service, Researcher
- Distinguish Service in the Media (can be a non-member)
- Distinguish Service to a Grassroots Effort
- Special Recognition Award

The *Outstanding Dietetic Educator Award* recognizes the teaching, mentoring, and leadership activities of faculty and preceptors in CADE-accredited and approved dietetic education programs (Dietetic Internship, Coordinated Program in Dietetics, Didactic Program in Dietetics, and Dietetic Technician Program). One educator will be selected from each program in each geographical area (we are in Area 3; there are 7 geographical areas).

GADA is also accepting nominations for the 2009 GADA Election. Descriptions of board positions and responsibilities are on our website at <http://www.eatrightatlanta.org/board08-09.htm>. Open board positions are:

- President-Elect
- Treasurer
- Nominating Committee

Please submit nominations for awards and/or Board positions to Denine Rogers at mydenine@yahoo.com.



Congratulations

Amy Rue, dietetic intern in the Emory Hospital Dietetic Internship Program, is a recipient of the Georgia Dietetic Foundation Scholarship.